



- 🐾 Enzyme tablets
- 🐾 Supplements including Multi-vitamin B, vitamin E, Flaxseed oil, cod liver oil, Garlic, kelp, vitamin C and Zinc.

### THE ONGOING PANCREATITIS DIET

This is what you can feed, once your dog has fully recovered from the attack. It is designed to prevent re-occurrence of the problem, and keep your dog healthy. This diet will also help prevent other problems like:

heart failure  
kidney disease  
arthritis  
cancer  
diabetes  
etc.

- 🐾 It is suggested that you offer two types of meals, vegetable meals and a raw meaty bone meals. 2/3s to 3/4s of their diet will be the vegetable meals, with 1/3 to 1/4 being the raw meaty bone meals. You can continue with all the supplements.


# Pancreatitis


## Effective Management

\*The information in this brochure may be a good starting point for questions to raise when talking to your vet about treatment, however it is no way meant to circumvent treatment.


## WHAT IS PANCREATITIS?


 The Inflammation of the Pancreas


 The pancreas is an organ that does two things. First it produces the hormone insulin, which is involved in the regulation of blood sugar in the body. Second it produces digestive enzymes.


 Pancreatitis is usually seen in the middle aged, sedentary, overweight dogs, which have spent a lifetime being fed a diet, which consisted mainly of cooked and processed foods. It is a disease of bodily degeneration.

## SYMPTOMS & TREATMENT


 Some signs that your dog may be suffering from pancreatitis are they are depressed, inactive, vomiting, have no appetite, a high temperature and a tummy ache.

 The diagnosis is made based on the above clinical signs together with the results of blood tests done by a vet.

 The initial treatment for Pancreatitis involves non-steroidal anti-inflammatories, antibiotics and a complete rest from eating and drinking.

 Finally keep your dogs stresses to a minimum. Stress is a major cause of pancreatitis, as well as big fatty meals and the drug cortisone.


## DIET FOR PANCREATITIS


 When it is time to re-introduce food, your dog will be plenty hungry and ready to eat just about anything. This is great because we want your dog to start a completely new diet. The diet is designed initially to prevent reoccurrence of the problem, and to improve your dog's overall health.

**Do Not Feed:** Cooked foods, grain fatty meals, processed food, and canned or dry dog or cat food.


## WHAT YOU SHOULD BE FEEDING:


 Lots of little meals throughout the day

 Lots and lots of raw vegetables like, carrots, celery, cabbage, pumpkin, etc., these should be crushed with a juicer or a food processor.

 Lean raw minced meat like chicken, beef, turkey, but only in very small amounts.

 Non-fat yogurt

 Fruits like apples, pears, oranges, banana, mango, etc.

 Liver, egg, cottage cheese, sardines, (in spring water) in very small amounts.

 Slippery elm bark powder